

December 2025

FITNESS CLASSES



SUN MON TUE WED THU FRI SAT

	1 6PM - KICKBOXING	2 5:30PM - YOGA 6:30PM - YOGA	3 6PM - CIRCUIT TRAINING	4 5:45PM - MOVE WITH MAKAYLA	5 5:30PM - YOGA (CASH ONLY)	6 NO CLASS										
7	8 6PM - KICKBOXING	9 5:30PM - YOGA 6:30PM - YOGA	10 NO CLASS	11 5:45PM - MOVE WITH MAKAYLA	12	13 9AM - CIRCUIT TRAINING										
14	15 6PM - KICKBOXING	16 5:30PM - YOGA 6:30PM - YOGA	17 6PM - KICKBOXING	18 5:45PM - MOVE WITH MAKAYLA	19 5:30PM - YOGA (CASH ONLY)	20 9AM - CIRCUIT TRAINING										
21	22 6PM - KICKBOXING	23 5:30PM - YOGA 6:30PM - YOGA	24 CLOSED FOR HOLIDAY	25 CLOSED FOR HOLIDAY	26 CLOSED FOR HOLIDAY	27 9AM - CIRCUIT TRAINING										
28	29 6PM - KICKBOXING	30 5:30PM - YOGA 6:30PM - YOGA	31 CLOSED FOR HOLIDAY	<p>ALL CLASSES ARE \$10 OR A CLASS CARD MAY BE PURCHASED! *FRIDAY NIGHT YOGA NOT INCLUDED FOR CLASS CARDS. CASH ONLY - \$10</p> <table> <tr> <td>NON-MKA STUDENTS</td> <td>MKA STUDENTS</td> </tr> <tr> <td>10 CLASSES / \$75</td> <td>10 CLASSES / \$65</td> </tr> <tr> <td>20 CLASSES / \$140</td> <td>20 CLASSES / \$120</td> </tr> <tr> <td colspan="2">\$60/MONTH UNLIMITED</td> </tr> <tr> <td colspan="2">BUNDLE PRICING AVAILABLE FOR MKA STUDENTS/FAMILIES</td> </tr> </table>			NON-MKA STUDENTS	MKA STUDENTS	10 CLASSES / \$75	10 CLASSES / \$65	20 CLASSES / \$140	20 CLASSES / \$120	\$60/MONTH UNLIMITED		BUNDLE PRICING AVAILABLE FOR MKA STUDENTS/FAMILIES	
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